

WARM BOWLS

(NEW!) BERLIN TEXAS 8,20

Homegrown Yacht Lettuce, Organic Brown-Rice, Cherrytomatoes, Marinated Black Beans, Roasted Hokkaido Pumpkin, Crunchy Tortillia Chips, Homemade Tomato Salsa and Homemade Skinny Queso Sauce

+ Pulled Beef Shortribs **3,90**

+ Burnt Hass Avocado **1,90**

VEGAN TRUFFLE MUSHROOMS 8,90

Homegrown Yacht Lettuce, Organic Brown Rice, Roasted Organic Tofu, Roasted Champignons, Roasted Cauliflower, Roasted Sunflower Seeds, Cranberries, Roasted Chick Peas and Homemade Truffle-Dressing

(NEW!) OATMEAL RISOTTO & RUCOLA PESTO 8,90

Homegrown Yacht Lettuce, Oatmeal Risotto, Cherrytomatoes, Green Olives, Homemade Rucola-Pesto and Roasted Almonds

(NEW!) PULLED BEEF & POTATOES 10,90

Homegrown Chocolate Oak Lettuce, Roasted Potatoes, Pulled Beef Shortribs, Apple Slices, Quark (German Fresh Cream Cheese), Pumpkin Seeds and Homemade Dijon-Dressing

SALAD BOWLS

(+ Burnt Hass Avocado 1,90)

GIN-SALMON AVOCADO 10,90

Homegrown Yacht Lettuce, Organic Brown Rice, Gin-cured Raw Salmon, Half Hass-Avocado, Organic Cherrytomatoes, Raw Carrots, Pickled Onions, Roasted Almonds and Sriracha-Yogurt Dressing

SEASONAL HOUSE CAESAR 9,50

Homegrown Yacht Lettuce, Roasted Chicken Breast from Animal Welfare-Friendly Farms, Boiled Organic Egg, Red Onions, Organic Cherrytomatoes, Homemade Croutons, German Mountain Cheese and Homemade Caesar Dressing

+ Roasted Bacon **1,50**

BURN THE AVOCADO, HONEY! – VEGETARIAN 8,90

Homegrown Chocolate Oak Lettuce, Burnt Hass Avocado, Burnt Goat Cheese, Organic Cherrytomatoes, Pepper, Cucumber, Marinated Black Beans, Roasted Sunflower Seeds and Honey-Lemon Dressing

+ Roasted Chicken Breast from Animal Welfare-Friendly Farms **2,90**

(NEW!) VEGAN PUMPKIN TERIYAKI 8,20

Homegrown Chocolate Oak Lettuce, Organic Quinoa, Raw Carrots, Raw Red Cabbage, Roasted Hokkaido Pumpkin, Roasted Chick Peas, Teriyaki Sauce

SOUP BOWLS

BLACK PEPPER, MUSHROOM & CAULIFLOWER SOUP 5,40

CARROT, PUMPKIN & CUMIN SOUP 5,40

EXTRAS FOR YOUR SOUP – 1,00 each

German Mountain Cheese / Boiled Organic Egg / Organic Quinoa / Organic Brown Rice

All Bowls & Soup also available in Small (-20%)

ALL LETTUCES ARE HOMEGROWN. SHOULD THE SELECTED HOMEGROWN LETTUCE BE SOLD OUT, IT WILL BE REPLACED BY AN ALTERNATIVE HOMEGROWN LETTUCE. SHOULD ALL HOMEGROWN LETTUCES BE SOLD OUT, IT WILL BE REPLACED WITH LETTUCE FROM SELECTED DEMETER ORGANIC FARMS. VERTICAL FARMING BY INFARM.

For more information about allergens please ask our team

GOOD BANK FALL MENU 2018 - ENGLISH

FLATBREADS & SANDWICHES

(NEW RECIPE!) THE GOOD FLATBREAD 7,50

Roasted Chicken Breast from Animal Welfare-Friendly Farms, German Mountain Cheese, Marinated Black Beans, Roasted Champignons, Pickled Onions, Organic Brown Rice, **Homegrown Lettuce** and Homemade Sriracha-Dressing

(NEW RECIPE!) THE GOOD VEGAN FLATBREAD 7,50

Avocado, Roasted Champignons, Pickled Onions, Roasted Chick Peas, Marinated Black Beans, Organic Brown Rice, **Homegrown Lettuce** and Homemade Arugula-Pesto

(NEW RECIPE!) AVOCADO FRIED EGG SANDWICH - VEGETARIAN 5,50

Avocado, Fried Organic Egg, German Mountain Cheese, **Homegrown Lettuce** and Homemade Caesar Dressing

BACON FRIED EGG SANDWICH 6,00

Roasted Bacon, Fried Organic Egg, German Mountain Cheese, Pickled Onions, **Homegrown Lettuce** and Sriracha-Yogurt Dressing

(NEW!) CLASSIC HAM & CHEESE SANDWICH 3,50

Butter, Ham, German Mountain Cheese and **Homegrown Lettuce**

(NEW!) VEGAN MUSHROOM & DIJON SANDWICH 5,50

Half an Avocado, Roasted Champignons, **Homegrown Lettuce** and Spicy Dijon Mustard

DESSERT

THE GOOD BALLS 1,90 each, 3 for 5,00

From Chocolate Fudge to CBD.. see Display 😊

LUSCIOUS URBAN HONEYCUP 4,90

Honey Creme with Honey from our urban GoodBank Bees and crispy Honeycolmb

DRINKS

Homememade Ginger Lemonade 0,33L 3,40 – Lemon, Ginger, Rosemary, Sugarcane

Homememade Mint Lemonade 0,33L 3,40 – Lemon, Mint, Chlorophylle, Sugarcane

Homemade Ice Tea 0,33L 3,40 – Earl Grey Tea, Cinnamon, Lemon, Sugarcane

Homemade Sugarfree Ice Tea 0,33L 3,40 – Blue Butterfly Pea Tea, Shot of Lemon

Homemade Water Kefir Cranberry Lemonade 0,225L 3,90 / 0,5L 4,90– Probiotic Water Kefir Crystals (no Lactose), Unsulphured Dates, Lemon Juice, Sugarcane

Smoothies 0,33L 5,60 – Ask our team for our current selection

TIPSY

Organic Wine 0,1L 3,40 0,2L 5,80 - Ask our team for our current selection

Craft Beer 0,3L 3,90 - Ask our team for our current selection

WAKE UP!

Take a look into our coffee menu and freshen up!